

Center for Awakening

October 2011 Newsletter

October Music Meditation

*Sunday, October 30th
8439 South 1000 East, Sandy, UT
6:30 pm*

****Come celebrate in our newly remodeled space!****

Experience elevated states of ecstasy and love.

*Enjoy the rapture of **being** one with all life and the Divinity of our own true nature.*

Become the unlimited peace and love that is infinitely within you.

Celebrate a joyous community pot luck snack social

Voluntary love offering will go to charitable project.

***Ongoing Music Meditations** are every last Sunday of each month from October through May at 6:30 pm. Join our loving circle of friends with a blissful hour of experiencing deep peace, love, joy, and community connection. **No meditation experience necessary.** We welcome people of all spiritual paths and faiths; all are welcome! Optional love offering goes towards charitable projects.*

Yoga

9am to 11 am

1111 Brickyard Rd. Suite 202

Every Wednesday morning is a whole harmonious yoga class with Bonnie and Joe. The class is a spiritual synergy of bhakti yoga (kirtan), pranayam, (breath), centering, intention, kundalini yoga, hatha yoga, back releases, and savasana (deep relaxation). Each session includes a short scalp massage during relaxation :) All levels are welcome from beginner to advanced.

Love offering

Reiki Master Course

801-694-0787

www.centerforawakening.net

Center for Awakening

October 2011 Newsletter

We will be offering a fall Reiki Master course that will give you your 1st, 2nd, 3rd and Reiki Master degrees. The cost of the entire course is \$300. The dates are Sunday, Nov. 6th and Sunday, December 4th. Please contact us ASAP if you are interested in attending this course at 801-694-0787

October charity **“Buffalo Blessings”**

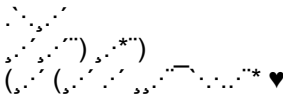
Buffalo Blessings" is for the Hopi Elders....100% goes to them! They also take food, like rice, beans, warm blankets, warm coats...for older people. They actually go onto the reservation....by pass the people that would take all the good stuff....and give it directly to the Elders!

Thank you Jan Magner for the suggestion

Center for Awakening Website

centerforawakening.net

Check it out!!!



*** Community Events ***

Dances of Universal Peace

*Saturday, October 8th at 7pm
Inner Light Center 4408 S. 500 E.*

Oneness Center

For more information on the Oneness Center, visit www.onenesscsl.org, email onenesscsl@gmail.com, or call (801) 613-0275. Contact: Leesa Myers, Media Relations leesarscp@gmail.com

Deeksha

Center for Awakening

October 2011 Newsletter

There are several Deeksha events weekly all over the valley, to find out locations go to www.deekshautah.com

Meditations at Cottonwood Heights

*Wednesday evenings 7pm and Sunday afternoons 4:30pm
2174 Villaire Ave. Cottonwood Heights.
801-365-2422 or 801947-1871*

***Community Advertisements ***

The Everywhere Color

There is an amazing new metaphysical writer out there and he has written a children's series. The series is "Turn the Jewel – A Children's Tale in Seven Books." The first book is "The Everywhere Color" and is available for download on Amazon.com/books. The second book will be available around October 5 and the title is, "Miles and the Moon." The books are very well written and inspiring; truly a must read for children, parents and anyone who has ever been a child. There is a product description and a preview of the first book on the Amazon books site. Just do a search for the book title or the author's name – Dale Marcotte. The download is \$2.99. A better deal you'll never find.

Yoga Classes

"Beginning October 18th, Rolf Lange will be teaching 3 yoga classes per week at the Holladay Lions Recreation Center, 1661 East Murray-Holladay Road (4800 S), Holladay, UT 84124: Tues – Traditional Hatha Yoga; Wed – Gentle Yoga; Thurs – Integral yoga."

Cosmotology

Talented and experienced Cosmetologist/ Tonsorial Artist starting at Malstrom Salon on 700 E & 535 S. If you'd like to schedule your appointment call 801-537-5313, ask to book with Devin and receive 20% off you first visit.

The Q Business Alliance in Salt Lake City, announces a gala fundraiser to benefit its Anti-Violence Rewards Fund. The Fund is dedicated to providing reward money for information leading to an arrest and conviction in any hate-motivated crime directed at

Center for Awakening

October 2011 Newsletter

members of the LGBT community. The event, titled the Iron Florist Competition, will feature Salt Lake City's top florists producing the most amazing arrangement onsite within a 60 minute period. Donations for the silent auction are being taken by Leesa Myers 801-824-0774, Leesa@utahinspirationstation.com. Date: Wednesday, October 5, 2011

ENLIVENING TRANQUILITY

BRING CALM AND FOCUS TO YOUR DESIRES – PRODUCE EXTRAORDINARY RESULTS!

We use Reiki for its calming and healing effects. We use Inspiration and Fulfillment Coaching to have powerful experiences – dramatically increasing your ability to reach your goals in your Relationships, Well Being and / or Career – whatever is most important to YOU!

Please call for your complimentary first visit.

Carla@EnliveningTranquility.com

(801) 201-3175

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