

# Center for Awakening

*April 2011 Newsletter*

801-694-0787

[www.centerforawakening.net](http://www.centerforawakening.net)

191 East 7500 South, Midvale, UT

**April 4, 11, 18, 25- Yoga class 9am**

**April 17- Course in Miracles Class 3pm**

**April 17- Music Meditation with Hemi-Synch 6:30 pm**

## **\*Upcoming Events\***

### **Music Meditation**

with Hemi-Synch

Please join us in our heart centered circle as we enter the ecstatic embrace of love, bliss, and joy. No experience needed, all paths welcome, offered on a love offering basis, all proceeds will go to a Japanese relief fund.

### **A Course in Miracles**

Year long Course in Miracles Class

for more information call Bonnie at 801-694-0787

### **Yoga Class**

Yoga class will be every Monday at 9 am with Bonnie

## **\*Charitable Projects\***

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## Prayers for Japan

March and April donations will go to Merci Corps for the Japanese crisis. We will also be sending Japan love and prayers.

## February Project Friend Faye

Thank you to everyone who donated to help Faye towards a new computer after losing all her possessions in a house fire. She is very grateful and will use her computer for her business. So thank you all for your generosity and love in helping Faye.

## \*Community Events\*

### **Dances of Universal Peace**

Saturday April 9, 7pm, Love offering  
Inner Light Center

### **Deeksha**

There are several Deeksha events weekly all over the valley, to find out locations go to [www.deekshautah.com](http://www.deekshautah.com)

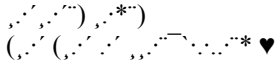
### **Meditation in Nature**

Every Friday from 9:30 to 10:30am  
3489 South 2000 E.  
Anna 801-647-8311



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## **A Course in Miracles Light Sessions**

A well-deserved cleansing and expansion into heightened love and joy

Wednesdays 7PM; Sundays 4:30PM

Bring no money, only your desire to open spiritually

2174 Villaire Ave. (7420 So.) Cottonwood Heights

801 449-2422 801 947-1871

## **\*Community Advertisements\***

### **Beauty on a Budget with Mary Kay Cosmetics!**

Skin care packed with multiple benefits. Special offers you don't want to miss. Free samples so you can try before you buy. Free Makeovers and expert tips. Shop at your convenience with my personal delivery. No Crowds. No parking hassles. No drain on your gas tank. What better way to get all your skin care and makeup! Contact me today! [www.marykay.com/karenalewis](http://www.marykay.com/karenalewis)

**Karen Lewis, Independent Beauty Consultant, Call or Text 813-300-273**

**New Nail Business** - Full Set White Tip Nails \$50 Acrylic White Tip Fills \$35.

April Tax Time Special - Get the Stress Out from doing Your Taxes. Instead of Uncle Sam Sucking Out Your Positive Energy get 30 Minutes of Reiki Combined with a 30 Minute Reflexology Session. Restore Positive Energy Back into Your Organ Systems \$50.00 SPECIAL Normally \$90 Value. With Bonus of 15 Minutes of Guided Meditation Instruction that Heals your Inner Spirit.

**HEALING FROM WITHIN MASSAGE**, Deon Davis-Elangovan, LMT, NCETMB and Doctor of Homeopathic Medicine, and RN in Nursing with an Emphasis in Aromatherapy, Shiatsu and Sports/Accident Rehab. CALL FOR AN APPOINTMENT: 801-604-9644

### **ENLIVENING TRANQUILITY**

**BRING CALM AND FOCUS TO YOUR DESIRES – PRODUCE EXTRAORDINARY RESULTS!**

We use Reiki for its calming and healing effects. We use Inspiration and Fulfillment Coaching to have powerful experiences – dramatically increasing your ability to reach your relationship, family and / or career goals – whatever is most important to YOU! Please call for your complimentary first visit.

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[CarlaEDavis@Gmail.com](mailto:CarlaEDavis@Gmail.com) (801) 201-3175

## **ROOM FOR RENT**

Have nice basement studio apartment in my home. Looking for renter. \$500/mo. Large studio space furnished or not. Private full bath. Share laundry facility. Share my kitchen. Space in garage for your car. Conveniently located in Holladay, off Highland & about 6400 South. Looking for someone who is Conscious, metaphysical, optimistic, responsible, independent, clean, non-smoker, no dogs. Call Sandra at 801.998.8314.

Thanks!  
Blessings,  
Sandra Malbon  
801-998-8314  
[www.heartfulhealers.com](http://www.heartfulhealers.com)

## ***Living Your Vision tele-seminars***

***Course Overview- Are you stuck and unclear what your next step should be? Are you sharing your unique self with the world. Do wonder why you don't get what you want out of life? Would you like to create something different for yourself? I will help you discover your True Self and give you the tools to move forward in life.***

***Benefits:***

***Discover What Your Passion is, Create Your Life's Vision, Embrace Your Life's Purpose, Balance the 7 Key Areas of Life and Develop a Life Action Plan.***

***E-Mail or Call Diane for details and registration at  
[coachdiane@amazinglifeafter60.com](mailto:coachdiane@amazinglifeafter60.com) (801) 561 - 0634.***

**Travel Agent Services-** Take the vacation of your dreams; call Diane Cunningham at 801-561-0634

## **Yoga Classes**

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Every Friday at 8:30 am and 10:30 am with Virginia at the Inner Light Center, 4408 South 500 East, SLC, UT

Virginia has been teaching kripalu style yoga for many years and is wonderful. \$8.00 per class

## Healing Massage

I am Diane Bradshaw, and I offer a wonderful "Healing Massage." In addition to an excellent massage, I incorporate aroma therapy and music to take you on a journey of the soul. I am a Licensed Massage Therapist, LMT. Relax and Rejuvenate. (801) 671-6658. "Diana's caring presence and healing touch are tender, comforting, relaxing and uplifting to heart, mind, body and spirit." My rate is \$60/ hour and half hours are available. Same day appointments are often available. Love, Diana Bradshaw