

Center for Awakening

March 2008

Project Kanosh Indians

We have visited the Kanosh reservations and met the Chairman "cheif". He told us that what they need is a hot water heater for their community center. So we will fund raise to purchase the hot water heater, all donations for yoga, Reiki and meditation will go towards this project. We will deliver used clothing on Sunday March 3.

♥ Schedule March

Yoga - Every Monday 9am-10³⁰am 870 E. No. Union Ave. Midvale
Every Tuesday 9am-10³⁰am Mindful Yoga So. Ogden

Reiki - Master course March 9, 9am-5pm, 191E. 7500So. Midvale

Meditation - Sunday March 16, 6³⁰pm, 191E. 7500So. Midvale

Community Events March

Sitting meditation - every Wed, Thurs. 10am-11 870 E. No. Union

Dances of Universal Peace - Sat. 8th, 7pm, Inner Light Center

Kirtan - Dave Stringer - Sat. 15th, 8pm, 2065 E. 2100 so.

Taize - Wed. 26th, 7pm, 870 No. Union Ave. Midvale.

Love ♥

www.centerforawakening.net
694-0787

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