

# Center for Awakening

April 2008 Newsletter

801-694-0787

*We had a very successful Kanosh Indian project. we provided them with a hot water heater for their community center. Thank you everyone for your support with donations and trips to the reservation.*

## *Frank and Brenda Wade fund*

*Our new project is for a very needy couple Frank and Brenda Wade. Dharma Das works with an extraordinary man named Frank who manages to hold down two telephone jobs in order to pay for medical expenses for his wife Brenda. Frank has cerebral palsy and is unable to do simple tasks like dressing and bathing himself or driving and preparing meals. He has been dependent on his wife Brenda to care for his needs, however, Brenda has become very sick and is in need of a liver transplant and is no longer well enough to care for Frank. Frank is not qualified for any financial assistance for a home health aid because he works two jobs. Brenda's liver transplant will cost them over \$100,000 after insurance, and a home health aid will cost \$30,000 for one year. Center for Awakening will use all love offerings, donations from meditations, yoga classes and Reiki to assist Frank and Brenda with their health care expenses.*

## *Music Meditation*

*Sunday, April 20 @ 6:30 pm  
191 East Greenwood Ave. Midvale*

## *Reiki Project*

*We will visit Primary Children's hospital to teach parents simple healing methods they can use on their children to help with pain, depression, sleeplessness etc.*

## *Yoga classes*

*Monday mornings, 9 am @ 870 East No. Union Ave., Midvale  
Tuesday mornings, 9 am @ Mindful Women, So Ogden*

## *Miracle Celebration conversation*

<http://groups.yahoo.com/group/centerforawakening17>

## *Community Events*

### *The Moses Code Movie*

*Unity of Salt Lake, 273 E. 800 So., April 4 and 5 @ 7pm  
Inner Light Center, 4408 So. 500 E., April 5 @ 3 and 7pm  
International Peace Vigil, Unity, Sunday April 6 @ 10 am*

*Meditation with Zen Monk Anna Zumi*

*Tues, Wed, Thurs 10 am @ 870 East No. Union Ave. Midvale*

*Dances of Universal Peace, April 19, 7 pm @ 4408 E. 800 So.*

[www.centerforawakening.net](http://www.centerforawakening.net)

*Taize Meditation, Wed. April 30, 7pm @ 870 East No. Union Ave.*

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