

* Upcoming Events *
Offered on a Love offering basis

Oct. 21 Kirtan Chanting - This Sunday! 6:30 p.m. at

Joy

2100 So. 2857 E. Come sing, dance, chant and become boundless joy. We use ancient pre-religious sanscrit mantras to evoke immense bliss and love within our hearts . Pot luck snacks and celebration, afterchanting.

Every Sunday Yoga - 6:30 pm., 2857 E. 210050. (The 3rd

sunday of each month will be kirtan/meditation)

Dec. 8 # Jan 6 Reiki Master Course - Awaken the

healing energ within. Reiki I, II, III & Maste attunement, \$300 suggested donation, proceeds go to Project Peace

Project Peace . The very poor, rural village of

Blessings

Altimara, Costa Rica has lost many homes from flooding. We are going to Costa Rica to help rebuild homes and bring food and clothing. All donations for above events will godirectly to this cause, and will be tax deductable. Call Bonnie for donation information.

* Community Annoucements *

Neale Donald Walsh - Nov. 16, 17 \$18 call 953-1328 fortickets.

Needed - An inexpensive room to rent for mother ichild.

Needed - Bonnie's son John needs a car under \$2,000 in good cond.

Email list - If you would like to be removed from this email list Let us know.

(or to say hello) © /694-Love Call Bonnie, for details concerning events & announcements 0787