



# Center for Awakening



December 2007 Newsletter

We have returned from Costa Rica, and it was amazing. I want to thank all of you for the amazing community support. Everyone was incredibly generous with their contributions. Whether it was helping pack clothing, setting up the website, or watching our home while we were gone, it could not have happened without all of you. The generosity of love, money, help and ideas was extraordinary. I hope you feel great joy in your heart for the difference you've made. Several families will no longer be homeless, forty families have food for a month, and sixty children have new clothing all because of you and your participation in this project. So again I send my deepest gratitude to you all!



## December Events



Yoga - Every Sunday at 6:30 pm at 2857 East 2100 South.

Every Monday at 9:00 am at 870 E. North Union Ave., Midvale.

Holiday Music Meditation - Sunday December 16 at 6:30 pm at 2857 East 2100 South.

Reiki course - Sunday December 9 from 8:30 am to 4:30 pm. Awaken the healing energy within, for self healing or to start a private practice.

Indian Reservation visit - Monday December 10, leaving Midvale at noon, driving to reservation, and soaking in the hot springs afterwards. All are invited to join us on this trip.

Call Bonnie for any questions - 694-0787



## Community Events

Dances of Universal Peace, Saturday December 8 at 7pm, at Inner Light Center

Taize, Wednesday December 26 at 7pm at 870 E. North Union Ave.

All events are on a love offering basis, Center for Awakening donations will go towards the Indian Reservation project and are tax deductible.

